This handout gives a rather explicit treatment of the problem of finding coordinates in different bases, in the hope of showing the issue from a different perspective.

Let's denote the two bases of the same space V by $W = \{\vec{w_1}, \vec{w_2}, \vec{w_3}\}$ and $U = \{\vec{u_1}, \vec{u_2}, \vec{u_3}\}$. Here I chose the dimension of V to be 3 (3 vectors in each basis), but the same reasoning applies to any dimension.

Let \vec{x} be a vector in V, whose coordinates in basis \mathcal{W} are known. In other words(i.e. symbols), we have that $\vec{x} = c_1 \vec{w_1} + c_2 \vec{w_2} + c_3 \vec{w_3}$ for some scalars c_1, c_2, c_3 . These scalars are the

coordinates of
$$\vec{x}$$
 in basis \mathcal{W} and we write this as $[\vec{x}]_{\mathcal{W}} = \begin{bmatrix} c_1 \\ c_2 \\ c_3 \end{bmatrix}$. For example, $[\vec{w_2}]_{\mathcal{W}} = \begin{bmatrix} 0 \\ 1 \\ 0 \end{bmatrix}$.

The problem of changing basis consists of finding the coordinates d_1, d_2, d_3 of \vec{x} in the other basis, \mathcal{U} and its solution lies in finding the coordinates of $\vec{w_1}, \vec{w_2}, \vec{w_3}$ in the basis \mathcal{U} . To see why, let's assume first that we know these coordinates:

$$[\vec{w_1}]_{\mathcal{U}} = \begin{bmatrix} r_{11} \\ r_{21} \\ r_{31} \end{bmatrix}, [\vec{w_2}]_{\mathcal{U}} = \begin{bmatrix} r_{12} \\ r_{22} \\ r_{32} \end{bmatrix}, [\vec{w_3}]_{\mathcal{U}} = \begin{bmatrix} r_{13} \\ r_{23} \\ r_{33} \end{bmatrix}.$$

In other words we have that

$$\vec{w_1} = r_{11}\vec{u_1} + r_{21}\vec{u_2} + r_{31}\vec{u_3},\tag{1}$$

$$\vec{w_2} = r_{12}\vec{u_1} + r_{22}\vec{u_2} + r_{32}\vec{u_3},\tag{2}$$

$$\vec{w_3} = r_{13}\vec{u_1} + r_{23}\vec{u_2} + r_{33}\vec{u_3}. \tag{3}$$

What this means in matrix language is simply that

$$\underbrace{\begin{bmatrix} | & | & | \\ \vec{w_1} & \vec{w_2} & \vec{w_3} \\ | & | & | \end{bmatrix}}_{P} = \underbrace{\begin{bmatrix} | & | & | \\ \vec{u_1} & \vec{u_2} & \vec{u_3} \\ | & | & | \end{bmatrix}}_{S} \underbrace{\begin{bmatrix} r_{11} & r_{12} & r_{13} \\ r_{21} & r_{22} & r_{23} \\ r_{31} & r_{32} & r_{33} \end{bmatrix}}_{R}.$$
(4)

In the case of $W = \{\vec{e_1}, \vec{e_2}, \vec{e_3}\}$ the standard basis in \mathbb{R}^3 , the above equation is simply $I_3 = SR$, so $R = S^{-1}$.

We can easily find the coordinates of \vec{x} in basis \mathcal{U} by just plugging in the last 3 equations into the formula for \vec{x} , i.e. $\vec{x} = c_1 \vec{w_1} + c_2 \vec{w_2} c_3 \vec{w_3} = c_1 (r_{11} \vec{u_1} + r_{21} \vec{u_2} + r_{31} \vec{u_3}) + c_2 (r_{12} \vec{u_1} + r_{22} \vec{u_2} + r_{32} \vec{u_3}) + c_3 (r_{13} \vec{u_1} + r_{23} \vec{u_2} + r_{33} \vec{u_3}) = (c_1 r_{11} + c_2 r_{12} + c_3 r_{13}) \vec{u_1} + (c_1 r_{21} + c_2 r_{22} + c_3 r_{23}) \vec{u_2} + (c_1 r_{31} + c_3 r_{32}) \vec{u_3} + c_3 r_{33} \vec{u_3} + c_3 r_{33}$

$$r_{32}\vec{u_3}) + c_3(r_{13}\vec{u_1} + r_{23}\vec{u_2} + r_{33}\vec{u_3}) = (c_1r_{11} + c_2r_{12} + c_3r_{13})\vec{u_1} + (c_1r_{21} + c_2r_{22} + c_3r_{23})\vec{u_2} + (c_1r_{31} + c_2r_{32} + c_3r_{33})\vec{u_3}. \text{ So } [\vec{x}]_{\mathcal{U}} = \begin{bmatrix} c_1r_{11} + c_2r_{12} + c_3r_{13} \\ c_1r_{21} + c_2r_{22} + c_3r_{23} \\ c_1r_{31} + c_2r_{32} + c_3r_{33} \end{bmatrix} = R \begin{bmatrix} c_1 \\ c_2 \\ c_3 \end{bmatrix} = R[x]_{\mathcal{W}}. \text{ Notice that all this}$$

computation is the explicit computation of:
$$\vec{x} = \underbrace{\begin{bmatrix} | & | & | & | \\ \vec{w_1} & \vec{w_2} & \vec{w_3} \\ | & | & | & | \end{bmatrix}}_{P} \begin{bmatrix} c_1 \\ c_2 \\ c_3 \end{bmatrix} = P[x]_{\mathcal{W}} = SR[x]_{\mathcal{W}},$$

Since $[\vec{x}]_{\mathcal{U}}$ is the vector, such that $\vec{x} = S[\vec{x}]_{\mathcal{U}}$, comparing both sides gives us $[\vec{x}]_{\mathcal{U}} = R[x]_{\mathcal{W}}$. The matrix R is called the change of basis matrix, from basis \mathcal{W} to basis \mathcal{U} . In order to remember the direction look at the formula:

$$[\vec{x}]_{\mathcal{U}} = R[\vec{x}]_{\mathcal{W}},$$

i.e. if you have the coordinates of \vec{x} in \mathcal{W} then you can get the coordinates in \mathcal{U} by left multiplication by R. (this is also what the bottom paragraph on page 206 of your textbook refers to)